



# Mentorship canvas: Background information

## Past and Present

### Where you've been

*Your education, career so far, how you got into UX/Research*

### Where you are now

*Where you are in your career*

### What are the top 3 challenges you face?

*Career challenges, personal challenges, organisational challenges*

- 1.
- 2.
- 3.



# Mentorship canvas: OKRs

| <b>Objective</b><br>“What are the most important impacts I need to make in the next x months?” | <b>Key Result</b><br>“What outcomes will show progress towards my objective?”  | <b>Timeframe</b><br>“How long should this key result take to achieve?” |
|--|--|--|
| <i>For example: “To increase the impact of research in the product process”</i>                | <i>For example: “Introduce monthly brown bag sessions on different research methodologies”</i><br><br>1.<br><br>2.<br><br>3. | 1.<br><br>2.<br><br>3.   |
|  | 1.<br><br>2.<br><br>3.   | 1.<br><br>2.<br><br>3.   |
|  | 1.<br><br>2.<br><br>3.   | 1.<br><br>2.<br><br>3.   |

**Notes**

**OKR** is a goal setting methodology that is designed to push you beyond your comfort zone.

It stands for Objectives and Key Results.

**Objectives:**  
A qualitative, far-reaching and ambitious statement of what you're trying to achieve.

**Key results:**  
Measurable outcomes that indicate you've achieved your objective